

Regulations Guidelines

Dear Guests

Thank you for abiding by the convent regulations.

- Dress in a fashion to comply with Christian modesty and befitting of convent and place of worship. No shorts, revealing tops or obtrusive logos
- Follow and abide by the signs which are to help you find your way and stay safe.
- Restricted areas are to be respected.
- Follow schedule of activity both in time and location
- Keep sound to lowest level to respect meditation and spirit of worship
- Maintain cleanliness of The convent
- Return furniture to original location
- Smoking, consumption of alcohol or use of recreational drugs is prohibited
- Use your camera for your memories but take permission to include nuns
- Damage to property will be charged back to you/group
- Use trails and riverfront in small groups for safety
- Report any injury or unusual incident to reception/nun in charge
- No pets are allowed
- Do not disturb the natural habitat
- Overnight retreats are strictly for females.